

Finding Rest in Jesus

Romans 5:1-11

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Using This Study

❶ EXAMINE His Word

What does God SAY? Open your time with prayer. The words God uses to communicate matters, so go back and pay close attention to the details that are emphasized or repeated in the passage.

❷ EXPLORE His Word

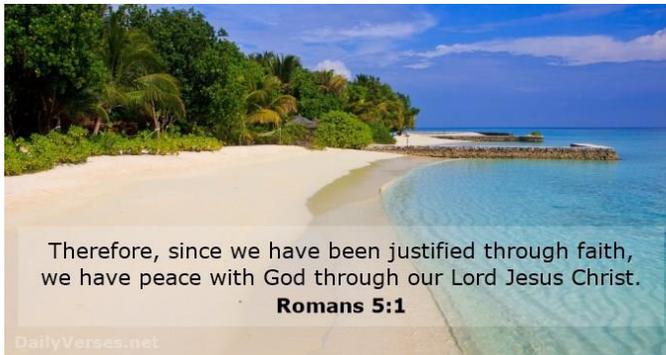
What does God MEAN? Asking questions of the text helps surface how the details relate to the message God wants to communicate.

❸ EMBRACE His Word

Why does it MATTER to me? Embrace God by responding to what you discover in His word in faith and obedience.



Over the last two weeks we have been looking at how to rest in Jesus. We rest in knowing His authority and power and we rest by looking to Him instead of ourselves. This week we will look at a fantastic passage out of the book of Romans. When you first read this passage you may not think about how it leads us to rest in Jesus. But, this week we will talk about the hope and peace we find in Jesus and how hope and peace are important to us finding rest in Him. Are you resting in the hope and peace we have in Jesus Christ?



Romans 5:1-11 (NASB)

Results of Justification

5 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God. ³And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance;⁴ and perseverance, proven character; and proven character, hope; ⁵and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

⁶For while we were still helpless, at the right time Christ died for the ungodly. ⁷For one will hardly die for a righteous man; though perhaps for the good man someone would dare even to die. ⁸But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us. ⁹Much more then, having now been justified by His blood, we shall be saved from the wrath *of God* through Him. ¹⁰For if while we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. ¹¹And not only this, but we also exult in God through our Lord Jesus Christ, through whom we have now received the reconciliation.

o EXAMINE His Word (Observation) (For personal preparation)

What does God SAY? Prayerfully note significant details and terms emphasized in the foregoing passage.

1. Who is involved in the text? Author, audience, main characters.
2. Where and when is this taking place? Geography and timeline.
3. What actions are carried out or commanded? Look for the verbs.
4. Is there anything repeated?

5. What is emphasized?

6. Is there anything in these passages that is related to other areas of scripture?

7. Are there things to be noted that are alike or unlike such as similes and metaphors?

🕒 EXPLORE His Word (Interpretation) (For Community Group discussion)
What does God MEAN?

8. What gives us peace with God?

9. How does perseverance bring character? What type of character is it talking about?

10. How does Character bring Hope?

11. Do our tribulations always cause us to persevere and build character?

12. What does it mean to be reconciled to God? How does this offer rest?

③ EMBRACE His Word (Application) (For Community Group discussion)

Why does this MATTER to me?

13. When is it difficult to find rest?

14. How does peace with God help us find rest?

15. How does hope help us find rest?

Summarize your thoughts on the passage

Write about what God wants you to KNOW, to FEEL, and to DO...

SERMON NOTES