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Studies for making fully devoted followers of Christ

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Get Up and Walk John 5 Pastor Kirk Gambrell

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Using This Study

EXAMINE His Word

What does God SAY? Open your time with prayer. The words God uses to communicate matters, so go back and pay close attention to the details that are emphasized or repeated in the passage.

EXPLORE His Word

What does God MEAN? Asking questions of the text helps surface how the details relate to the message God wants to communicate.

EMBRACE His Word

Why does it MATTER to me? Embrace God by responding to what you discover in His word in faith and obedience.





In John Chapter 5 Jesus goes to the pool of Bethesda. There were many sick, blind, lame and paralyzed people gathered there hoping to be healed by the waters of the pool. Jesus talks to a man that had been suffering for 38 years. Jesus tells him to "Stand up, pick up your mat and walk," and he does! The response of the Jewish leaders is interesting. The miracle was not important to them, they wanted to kill Jesus. They were blinded by their own ambition and desire and missed the working of God that was right in front of them. Join us this week as we talk about the work of Christ and what He has done.

Healing a Paralytic at the Pool of Bethesda

5 After this there was a Jewish feast, and Jesus went up to Jerusalem. ² Now there is in Jerusalem by the Sheep Gate a pool called *Bethzatha* in Aramaic, which has five covered walkways. ³ A great number of sick, blind, lame, and paralyzed people were lying in these walkways. ⁵ Now a man was there who had been disabled for thirty-eight years. ⁶ When Jesus saw him lying there and when he realized that the man had been disabled a long time already, he said to him, "Do you want to become well?" ⁷ The sick man answered him, "Sir, I have no one to put me into the pool when the water is stirred up. While I am trying to get into the water, someone else goes down there before me." ⁸ Jesus said to him, "Stand up! Pick up your mat and walk." ⁹ Immediately the man was healed, and he picked up his mat and started walking. (Now that day was a Sabbath.)

¹⁰ So the Jewish leaders said to the man who had been healed, "It is the Sabbath, and you are not permitted to carry your mat." ¹¹ But he answered them, "The man who made me well said to me, 'Pick up your mat and walk.'" ¹² They asked him, "Who is the man who said to you, 'Pick up your mat and walk'?" ¹³ But the man who had been healed did not know who it was, for Jesus had slipped out, since there was a crowd in that place.

¹⁴ After this Jesus found him at the temple and said to him, "Look, you have become well. Don't sin any more, lest anything worse happen to you." ¹⁵ The man went away and informed the Jewish leaders that Jesus was the one who had made him well.

Responding to Jewish Leaders

¹⁶ Now because Jesus was doing these things on the Sabbath, the Jewish leaders began persecuting him. ¹⁷ So he told them, "My Father is working until now, and I too am working." ¹⁸ For this reason the Jewish leaders were trying even harder to kill him, because not only was he breaking the Sabbath, but he was also calling God his own Father, thus making himself equal with God.

¹⁹ So Jesus answered them, "I tell you the solemn truth, the Son can do nothing on his own initiative, but only what he sees the Father doing. For whatever the Father does, the Son does likewise. ²⁰ For the Father loves the Son and shows him everything he does, and will show him greater deeds than these, so that you will be amazed. ²¹ For just as the Father raises the dead and gives them life, so also the Son gives life to whomever he wishes. ²² Furthermore, the Father does not judge anyone, but has assigned all judgment to the Son, ²³ so that all people will honor the Son just as they honor the Father. The one who does not honor the Son does not honor the Father who sent him.

²⁴ "I tell you the solemn truth, the one who hears my message and believes the one who sent me has eternal life and will not be condemned, but has crossed over from death to life. ²⁵ I tell you the solemn truth, a time is coming—and is now here—when the dead will hear the voice of the Son of God, and those who hear will live. ²⁶ For just as the Father has life in himself, thus he has granted the Son to have life in himself, ²⁷ and he has granted the Son authority to execute judgment, because he is the Son of Man.

²⁸ "Do not be amazed at this, because a time is coming when all who are in the tombs will hear his

voice ²⁹ and will come out—the ones who have done what is good to the resurrection resulting in life, and the ones who have done what is evil to the resurrection resulting in condemnation. ³⁰ I can do nothing on my own initiative. Just as I hear, I judge, and my judgment is just, because I do not seek my own will, but the will of the one who sent me.

More Testimony About Jesus

³¹ "If I testify about myself, my testimony is not true. ³² There is another who testifies about me, and I know the testimony he testifies about me is true. ³³ You have sent to John, and he has testified to the truth. ³⁴ (I do not accept human testimony, but I say this so that you may be saved.) ³⁵ He was a lamp that was burning and shining, and you wanted to rejoice greatly for a short time in his light.

³⁶ "But I have a testimony greater than that from John. For the deeds that the Father has assigned me to complete—the deeds I am now doing—testify about me that the Father has sent me. ³⁷ And the Father who sent me has himself testified about me. You people have never heard his voice nor seen his form at any time, ³⁸ nor do you have his word residing in you, because you do not believe the one whom he sent. ³⁹ You study the scriptures thoroughly because you think in them you possess eternal life, and it is these same scriptures that testify about me, ⁴⁰ but you are not willing to come to me so that you may have life.

⁴¹ "I do not accept praise from people, ⁴² but I know you, that you do not have the love of God within you. ⁴³ I have come in my Father's name, and you do not accept me. If someone else comes in his own name, you will accept him. ⁴⁴ How can you believe, if you accept praise from one another and don't seek the praise that comes from the only God?

⁴⁵ "Do not suppose that I will accuse you before the Father. The one who accuses you is Moses, in whom you have placed your hope. ⁴⁶ If you believed Moses, you would believe me, because he wrote about me. ⁴⁷ But if you do not believe what Moses wrote, how will you believe my words?"

• EXAMINE His Word (Observation) (For personal preparation) What does God SAY? Prayerfully note significant details from this passage.

Make 10 of your own observations from this passage. Avoid jumping to make interpretive decisions or drawing applications. Save those for the sections that follow. At this point just observe this passage and what it says. Look for things that are emphasized, repeated, and what stands out to you. Look at the verbs, what actions are in the text? Who is involved in the text? There is no right or wrong answer, just list 10 things you see in the text.

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EXPLORE His Word (Interpretation) (For Community Group discussion) What does God MEAN?

1. Why were all the sick, blind, lame and paralyzed people gathered in the walkway?

2. Why was the man not supposed to carry his mat?

- 3. Were the Jewish leaders more concerned that the man had been healed or that he was carrying his mat on the Sabath?
- 4. Why were the Jewish leaders seeking to kill Jesus?

5. In verse 24, what must be done to receive eternal life?

6. Is verse 29 suggesting that judgment will be based on what we do?

7. There are multiple testimonies given about Jesus in this passage. Where do they come from?

EMBRACE His Word (Application) (For Community Group discussion) Why does this MATTER to me?

8. What can we learn about Jesus' willingness to heal on the Sabath that applies to the way we treat people today?

9. What is the main idea of this passage? How can you apply it this week?

10. Who has eternal life and how do they receive it? Which verse sums this up?

Summarize your thoughts on the passage Write about what God wants you to KNOW, to FEEL, and to DO...

Sermon Notes