

January 19, 2024

Life in the Spirit
Romans 8:1-17
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Vol. 15 Num. 3

Using This Study

❶ EXAMINE His Word

What does God SAY? Open your time with prayer. The words God uses to communicate matters, so go back and pay close attention to the details that are emphasized or repeated in the passage.

❷ EXPLORE His Word

What does God MEAN? Asking questions of the text helps surface how the details relate to the message God wants to communicate.

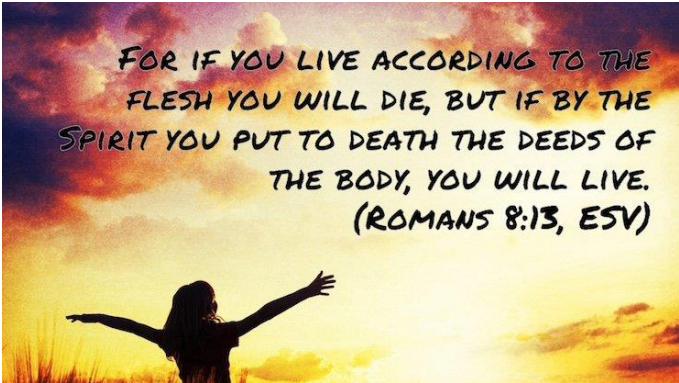
❸ EMBRACE His Word

Why does it MATTER to me? Embrace God by responding to what you discover in His word in faith and obedience.

**FOR IN CHRIST JESUS THE
LAW OF THE SPIRIT OF
LIFE SET YOU FREE FROM
THE LAW OF SIN AND
DEATH.**

- ROMANS 8:2

This week we start Chapter 8 of Romans. This chapter begins by reminding us that we are free from sin and death and free from the bondage of flesh. We have been called to walk in the Spirit and set our minds on the things of the Spirit. Join us this week as we talk about the life we find in the Spirit.



**FOR IF YOU LIVE ACCORDING TO THE
FLESH YOU WILL DIE, BUT IF BY THE
SPIRIT YOU PUT TO DEATH THE DEEDS OF
THE BODY, YOU WILL LIVE.
(ROMANS 8:13, ESV)**

Deliverance from Bondage

8 Therefore there is now no condemnation for those who are in Christ Jesus. **2** For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. **3** For what the Law could not do, weak as it was through the flesh, God *did*: sending His own Son in the likeness of sinful flesh and *as an offering* for sin, He condemned sin in the flesh, **4** so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit. **5** For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit. **6** For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, **7** because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able *to do so*, **8** and those who are in the flesh cannot please God.

9 However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. **10** If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness. **11** But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

12 So then, brethren, we are under obligation, not to the flesh, to live according to the flesh— **13** for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. **14** For all who are being led by the Spirit of God, these are sons of God. **15** For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, “Abba! Father!” **16** The Spirit Himself testifies with our spirit that we are children of God, **17** and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with *Him* so that we may also be glorified with *Him*.

o EXAMINE His Word (Observation) (For personal preparation)

What does God SAY? Prayerfully note significant details from this passage.

Make 10 of your own observations from this passage. Avoid jumping to make interpretive decisions or drawing applications. Save those for the sections that follow. At this point just observe this passage and what it says. Look for things that are emphasized, repeated, and what stands out to you. Look at the verbs, what actions are in the text? Who is involved in the text? There is no right or wrong answer, just list 10 things you see in the text.

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🕒 Explore His Word (Interpretation) (For Community group discussion)

What does God MEAN?

1. How are we set free from sin and death?
2. In what way does the Law fall short?
3. What does it mean to walk according to the Spirit not the flesh?
4. Who does the Spirit dwell within?
5. What is the cause of death for those living according to the flesh?
6. Why do we say God has adopted us? What is the imagery of adoption?
7. At what point do we suffer with Christ so that we may be glorified with Him?

③ **EMBRACE His Word (Application)** (For Community Group discussion)

Why does this MATTER to me?

8. What actions should we take to be led by the Spirit not the flesh?

9. Verse 12 says we are not under obligation to the flesh but to the Spirit. When do we feel obligation to the flesh? How do we overcome this obligation to the flesh and become obligated to the Spirit?

10. What do you think Paul's main idea is in this passage and how does it best apply to your life?

Summarize your thoughts on the passage

Write about what God wants you to KNOW, to FEEL, and to DO...

Sermon Notes