

## Cleaning Out The Tackle

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MATTHEW 11:28-30

### Using This Study

#### ❶ EXAMINE His Word

What does God SAY? Open your time with prayer. The words God uses to communicate matters, so go back and pay close attention to the details that are emphasized or repeated in the passage.

#### ❷ EXPLORE His Word

What does God MEAN? Asking questions of the text helps surface how the details relate to the message God wants to communicate.

#### ❸ EMBRACE His Word

Why does it MATTER to me? Embrace God by responding to what you discover in His word in faith and obedience.

### Guest Speaker: Dr. Wayne Parks

Dr. Parks is a licensed chiropractor, living in League City with his wife, Kristen. They have been married 11 years and have 4 daughters, ages 10, 6, 4, and 2. Dr. Parks is the author of *Rise Up, Mighty Man of Valor*, *Men as Spiritual Leaders of the Family* published in 2013, Xulon Press. He is Executive Director of Intersect 91, a non-profit ministry, whose mission statement is *to usher married couples to the foot of the cross so they become a united force while being obedient to Christ in body, mind, heart and soul.* Dr. Parks conducts Marriage Enrichment Seminars with his wife. He is a Board Member of Three17 Ministries, a non-profit ministry whose mission statement is *to promote the freedoms we have as a nation and as individuals because of Jesus Christ.* He recently founded *Eighteen: Twenty*, a Christian men's group based on Matthew 18:20. They are a group of men gathered in the name of Jesus to make an impact on their city and country by applying biblical principles through standing up and showing up when called upon. They believe that they have a duty and obligation to stand for truth and righteousness and not sitting back being silent.



4) Is there such a thing as a “healthy burden” in your life?

If so, what are they?

5) How do you let go of these burdens and discard the heavy yoke?

### **③ EMBRACE His Word**

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Why does this MATTER to me?

### **Summarize your thoughts on the passage:**

Write about what God wants you to KNOW, to FEEL, and to DO...

## **Sermon Notes**

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